PLANT FACT SHEET

Emex australis Steinh.

GENUS *Emex* **FAMILY** Polygonaceae

COMMON NAMES Spiny emex

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem

The leaves and stems are steamed and eaten. They are used in stews.

DESCRIPTION

A small herb. It is like a dock but the stems trail along the ground. It is an annual plant. The leaves are 3-10 cm long on very long stalks. Male and female flowers are separate. The flowers are 2 mm long. The seed pods are large and spiny. The seed pods are about 1 cm long. They have 3 sharp spines.

Possibly now Rumex hypogaeus

HABITAT

It is a subtropical plant. It Africa it grows between 120-1,250 m above sea level. It grows in coastal and inland regions in Australia. It can grow in arid places.

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