PLANT FACT SHEET

Phyllospadix scouleri Hook.

GENUS *Phyllospadix* **FAMILY** Zosteraceae

COMMON NAMES Scouler's Surf-grass, Sea grass

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The underground stems or rhizomes are chewed raw.
The leaves are occasionally cooked and eaten when they have herring eggs on them.

DESCRIPTION

A slender green herb that grows along sea coasts. Male and female flowers are on separate plants.

HABITAT

It is a temperate plant.

NOTES

The Zosteraceae are plants that grow in sea water. They grow under the surface.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2fb0c3ed-c4ef-4947-9727-b2f591b19e12