PLANT FACT SHEET

Cephalomappa sinensis (Chun & How) Kosterm.

GENUS *Cephalomappa* **FAMILY** Euphorbiaceae

COMMON NAMES Beo bo

EDIBLE PARTS AND USES

Edible parts: Leaves - medicine

The young leaves are eaten.

DESCRIPTION

An evergreen tree. It grows 25 m tall. The young branches are hairy. The leaves are broadly oblong and 6-15 cm long by 3-9 cm wide. They are leathery and the base is wedge shaped. There are 2 small glands. They are purplish and there are teeth towards the end. The flowering shoots can have 1 or 2 short branches. The fruit are capsules with 3 sections. They are 1.5 cm across.

HABITAT

A tropical plant. It grows on limestone mountains at 300-500 m altitude in Vietnam. It suits tropical monsoon climates. It can tolerate shade when young. In Yunnan.

PRODUCTION

Harvesting and Seed Production

Trees grow slowly.

REFERENCES

Forest Inventory and Planning Institute, 1996, Vietnam Forest Trees. Agriculture Publishing House p 199 (As Cephalomappa sinensis)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2fcb6898-efb8-4f4a-836f-a53a65d19390