PLANT FACT SHEET

Adelia barbinervis Schlecht. & Cham.

GENUS *Adelia* **FAMILY** Euphorbiaceae

COMMON NAMES Ata, Teenek

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves and shoots are cooked and eaten.

DESCRIPTION

A shrub.

HABITAT

It is a tropical plant. It suits seasonally dry areas.

REFERENCES

Alcorn, 1984,

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Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 19

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2fd5286c-0ff0-42df-9ca4-a8d4fc1388dd