PLANT FACT SHEET

Heliotropium verdcourtii Craven

GENUS *Heliotropium* **FAMILY** Boraginaceae

COMMON NAMES Trinidad tournefortia, Bicolor tournefortia, Chiggery grapes

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the fruit is eaten.

DESCRIPTION

A climbing vine or shrub. It can be 6-10 m long. The stems are woody and 2 cm across. The bark is corky. The branches are fragile. The leaves are alternate and 12-22 cm long by 2-11 cm wide. They are oblong and papery. The upper surface is dark green and dull and underneath is pale. There are many flowers and they have a scent. The fruit are fleshy and white. They are 5-6 mm across.

HABITAT

It is a tropical plant.

REFERENCES

Grandtner, M. M., 2008, World Dictionary of Trees. Wood and Forest Science Department. Laval University, Quebec, Qc Canada. (Internet database http://www.wdt.qc.ca) (As Tournefortia hirsutissima)

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 669 (As Tournefortia hirsutissima and Tournefortia bicolor)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 871 (As Tournefortia hirsutissima)

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 32 (As Tournefortia hirsutissima)

Martin, F. W., et al, 1987, Perennial Edible Fruits of the Tropics. USDA Handbook 642 p 84 (As Tournefortia hirsutissima)

Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 14 (As Tournefortia hirsutissima)

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies (As Tournefortia hirsutissima)

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia. (As Tournefortia hirsutissima and Tournefortia bicolor)

www.colecionandofrutas.org (As Tournefortia bicolor)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2fd76e9e-f8ac-4a43-85bd-b008e92b13f1