PLANT FACT SHEET

Boesenbergia longiflora (Wall.) Kurtze

GENUS *Boesenbergia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: leaves, Flowers

The leaf stalk is boiled and eaten.

DESCRIPTION

A herb. It grows 50-60 cm tall. The roots are robust. The leaves are oval and 8-12 cm long by 5-9 cm wide. The base is heart shaped and the has a short point. The flowers are on separate shoots coming from the rhizome. There are 3-6 flowers and they are bluish purple.

HABITAT

It is a tropical plant. It grows in forests in mountains between 1,100-1,900 m above sea level in southern China. In XTBG Yunnan. In Calicut Uni BG.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2ffd86c5-8924-4ad6-a829-d61edee4f25d