PLANT FACT SHEET

Afrosolen otaviensis (R. C. Foster) Goldblatt & Manning

GENUS *Afrosolen* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Tuber, Root

The tuber is dried, pounded and cooked. The scales are removed. It is then added to porridge.

DESCRIPTION

A small herb. It keeps growing from year to year. It grows 50 cm high. It has a small tuber about 1 cm long and this forms about 20 cm underground. It is covered with brown scales. The flowers are white with a purple centre. They have a tube 5 cm long.

HABITAT

It is a subtropical plant. It grows between sea level and 1,800 m above sea level. It can grow in stony and sandy loam soils. It can grow in arid places.

REFERENCES

Leger, S., 1997, A Description of Today's Use of Plants in West Bushmanland (Namibia). German Development Service. PO Box 220035, 14061 Berlin, Germany. http://www.sigridleger.de/book/ (As Lapeirousia otaviensis)

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 19th April 2011] (As Lapeirousia otaviensis)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/30048d72-609a-405e-ab24-4df6fbcd3e4d