PLANT FACT SHEET

Periploca sepium Bunge

GENUS *Periploca* **FAMILY** Apocynaceae

COMMON NAMES Nohain shegebur

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Fruit

The leaves and stems are used as a vegetable.
The young fruit are eaten raw.

DESCRIPTION

A shrub. It grows 4 m tall. It loses its leaves during the year. The leaves are oval and 5-9 cm long by 2-3 cm wide. There are a few flowers in groups on side branches. They are purple. The fruit is a follicle 7-12 cm long by 5 mm wide. The seeds are oblong.

HABITAT

It is a temperate plant. It grows in plains and on the edges of forests. In Sichuan and Yunnan.

NOTES

Also put in the family Asclepiadaceae.

REFERENCES

Sachula, et al, 2020, Wild edible plants collected and consumed by the locals in Daqinggou, Inner Mongolia, China. Journal of Ethnobiology and Ethnomedicine (2020) 16:60

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3044fae9-614f-4453-a4f0-898740b22809