PLANT FACT SHEET

Descurainia pinnata (Walter) Britton.

GENUS *Descurainia* **FAMILY** Brassicaceae

COMMON NAMES Tansy mustard, Mountain tansy mustard

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Pods

The seed are used for a ground meal called pinole. They are also used to flavour soups.
The leaves are boiled or roasted and eaten. They are also eaten raw.
The leaves are used to make drinks with lime juice.
The pods are mustard flavour and are nibbled.

DESCRIPTION

A cabbage family herb. It grows each year from seed. The flowers are bright yellow. The seed pods are long and slender.

HABITAT

It is a warm temperate of subtropical plant. It grows in the desert in SW of the USA. It can grow in arid places. In Argentina it grows below 500 m above sea level.

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