PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Skimmia laureola (DC.) Siebold. & Zucc. ex Walp.

GENUS *Skimmia* **FAMILY** Rutaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used as a flavouring. They are also eaten in curries.
Caution: The leaves contain skimnianine which is poisonous.

DESCRIPTION

A shrub. It is erect and evergreen. It grows about 2 m high. The bark is smooth. The leaves have stalks. They are crowded at the ends of branches. The leaves are 7-15 cm long by 2-4 cm wide. They are oblong to sword shaped. They taper to the tip and are leathery. They are dotted with glands. Male and female flowers can be on separate plants or the same plant. The flowers are greenish yellow. They have a scent. They are in a branched flower arrangement. The fruit is fleshy with a hard covering over the seed. It is oval and red when ripe.

HABITAT

It is a warm temperate plant. In Nepal it grows between 2400-3100 m altitude. It grows in shady places in the forest. It forms dense patches. It suits hardiness zones 7-10.

PRODUCTION

Cultivation

Plants are grown from seed or cuttings.

NOTES

A small genus.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/307be22e-1d8e-4f18-a02f-bbff5dd4f7ee