PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Oxybasis chenopodioides (L.) S. Fuentes, Uotila & Borsch

GENUS *Oxybasis* **FAMILY** Amaranthaceae

COMMON NAMES Low goosefoot, Saltmarsh goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 10-35 cm tall. It often lies along the ground. The leaves are D shaped and 1-6 cm long by 0.2-4.5 cm wide. The base is wedge shaped.

HABITAT

It is a temperate plant. It South America it grows between 100-2,400 m above sea level.

REFERENCES

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/308fd980-65ec-4b07-8f91-4186cbe1735e