PLANT FACT SHEET

Melochia umbellata (Houtt.) Stapf

GENUS *Melochia* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are mixed with coconut oil cake and maize bran and made into a fermented food.

DESCRIPTION

A small tree. It grows 10 m high. The leaves are 22 cm long. The leaves are hairy underneath. The flowers are pink.

HABITAT

A tropical plant. It grows in hot places. It grows along the edges of lowland evergreen forests.

PRODUCTION

Harvesting and Seed Production

It grows very fast.

NOTES

There are about 55 Melochia species. They grow in the tropics.
Also put in the family Sterculiaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/309dc229-f2af-4971-b67f-922b456233ed