PLANT FACT SHEET

# *Aerva tomentosa* Forssk.

**GENUS** *Aerva* **FAMILY** Amaranthaceae

**COMMON NAMES** Bahema

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A herb. It grows 50-100 cm high. The leaves are alternate. The leaf blades are 10 cm long by 3 cm wide. They are woolly when young. The flower spike are 5 cm long.

## HABITAT

A tropical plant.

## NOTES

There are about 10 Aerva species in warmer climates.

## REFERENCES


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