PLANT FACT SHEET

Trichostigma octandrum (L.) H. Walter

GENUS *Trichostigma* **FAMILY** Phytolaccaceae

COMMON NAMES Basket vine

EDIBLE PARTS AND USES

Edible parts: Leaves

Young leaves are cooked and eaten.

DESCRIPTION

A clambering shrub or creeper. It grows 5-10 m long or longer. The branches hang down. The stems are cylinder shaped and 5-15 cm across. The leaves are alternate and papery and narrowly oval. They are 4-9 cm long by 2-4 cm wide. They are dull dark green on the upper surface and dull light green underneath. The fruit are round and fleshy and 5-7 mm long. They are purple.

HABITAT

It is a tropical plant. ECHO

PRODUCTION

Cultivation

Plants are grown by cuttings. It can also be grown by seed or layering.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

ECHO Global farm. List of Crop Plants Appropriate for Haiti

Toensmeier, E., 2022, Trees with Edible Leaves. Perennial Agriculture Institute. p 47

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/30d6d0d7-dcae-416c-bb9a-4a833cd2eeaa