PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Gluta velutina Blume

GENUS *Gluta* **FAMILY** Anacardiaceae

COMMON NAMES Rengas, Rak nam, Rengas ayer

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves, Nuts

CAUTION: The sap is poisonous.
The seeds are eaten.

DESCRIPTION

A tree. It grows 7 m tall. It is smaller than Gluta renghas. It has stilt roots. The bark is smooth and brown. The leaves are 19 cm long. The flowers are white. The fruit are round and pale brown. They are 7.5 cm across.

HABITAT

A tropical plant. It grows on the water's edge along rivers where the water is fresh.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/30e761bd-d26e-4ac2-954e-af545bea86ef