PLANT FACT SHEET

Dioscorea sagitatta Poir.

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

COMMON NAMES Tarur

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The side tubers are cut into pieces, steeped in water, and boiled prior to eating.

DESCRIPTION

A yam. The leaves are heart shaped.

HABITAT

It is a tropical plant.

NOTES

There are about 650 species of Dioscorea.

REFERENCES

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Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 38

Singh, H.B., Arora R.K.,1978, Wild edible Plants of India. Indian Council of Agricultural Research, New Delhi. p 13

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/30ed9a1c-a65e-430e-9676-c71ef5a5287a