PLANT FACT SHEET

Bentinckia condapanna Berry

GENUS *Bentinckia* **FAMILY** Arecaceae

COMMON NAMES Hill arecanut

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The young leaves or shoots are eaten raw or cooked.

DESCRIPTION

A palm. It has a smooth trunk 10 m tall. It is grey and has annual ring scars from leaves. The fronds arch over. The leaves are compound with leaflets along the sides. The leaves are up to 2 m long and the leaflets are 60-75 cm long by 3-5 cm wide. The flowering stalk comes from just below the crown. The flowers are small. Male flowers are red and female flowers are lilac. The fruit are a flattened round shape. They are 1 cm across and red.

HABITAT

It is a tropical plant. It occurs between 760-1,800 m above sea level. It is in areas with a rainfall between 200-500 cm and a temperature between 15°-24°C. It can be in acid, neutral or alkaline soils with pH between 5.6-8.0.

REFERENCES

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Recovery plan for selected ETMP's and Conservation Models. Chapter 5 p 167 (Off internet)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/311da19a-5af9-46c2-bbd8-9281a3dc2120