PLANT FACT SHEET

Ixora subsessilis Wall.

GENUS *Ixora* **FAMILY** Rubiaceae

COMMON NAMES Sang-rura

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Root

The leaves, flowers and stems are cooked preferably mixed with dry fish.

DESCRIPTION

A shrub or small tree. It grows 2-3 m tall. The leaves are opposite. They are sword shaped and 10-12 cm long by 3-4 cm wide. There are several flowers in a group.

HABITAT

It is a subtropical plant. It grows in sparse forest in Tibet between 1,200-1,500 m above sea level.

NOTES

There are about 400 Ixora species. They grow in tropical countries.

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