PLANT FACT SHEET

Cimicifuga dahurica (Turcz. ex Fisch. & C. A. Mey.) Maxim.

GENUS *Cimicifuga* **FAMILY** Ranunculaceae

COMMON NAMES Xing an sheng ma

EDIBLE PARTS AND USES

Edible parts: Leaves

CAUTION:

DESCRIPTION

A herb. It keeps growing from year to year. It grows 2 m high. The stems are blackish. The leaves are much divided and have teeth along the edge. The flowers are fluffy and widely spaced. They are creamy white.

HABITAT

It is a temperate plant. In northern China it grows in forest and grassland between 300-1,200 m above sea level.

NOTES

There are about 18 Cimicifuga species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/31b7d405-e02c-4b42-8115-2eee239867a2