PLANT FACT SHEET

Artemisia nilagirica (C. B. Clarke) Pamp.

GENUS *Artemisia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stem pith, Shoots

The shoots are eaten as a vegetable.
The stem pith is eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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Savita, et al, 2006, Studies on wild edible plants of ethnic people in east Sikkim. Asian J. of Bio Sci. (2006) Vol. 1 No. 2 : 117-125

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/31c69ff5-0d10-4de3-8a76-1f5f913235d4