PLANT FACT SHEET

Clethra occidentalis (L.) Kuntze

GENUS *Clethra* **FAMILY** Clethraceae

COMMON NAMES Soap-wood

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the fruit is eaten.

DESCRIPTION

The fruit is a round green berry. The pulp is sweet, white and mealy. It has a brown hard stone.

HABITAT

A tropical plant.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 204 (As Clethra tinifolia)

Kermath, B. M., et al, 2018, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. p 295

Martin, F. W., et al, 1987, Perennial Edible Fruits of the Tropics. USDA Handbook 642 p 93 (As Clethra tinifolia)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/31d0bc12-1df0-4d92-8745-61a5a8d8ea8c