PLANT FACT SHEET

Talinum crispatulum Dinter ex Poelln.

GENUS *Talinum* **FAMILY** Talinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Vegetable

The leaves and stems are eaten raw. They are also used in savoury preparations. They are also boiled.

DESCRIPTION

A herb. It lies along the ground. It is an annual plant and can keep growing for a few years. It grows 40 cm high. The leaves have wavy edges.

HABITAT

A tropical plant. It grows in dry sandy soils. It grows between 850-1,550 m above sea level. It grows in areas with an annual rainfall between 50-700 mm. It can grow in arid places.

NOTES

There are about 50 Talinum species. They grow in warm places.
Also put in the family Portulacaceae.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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