PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Fadogia homblei De Willd.

GENUS *Fadogia* **FAMILY** Rubiaceae

COMMON NAMES Wild date

EDIBLE PARTS AND USES

Edible parts: Fruit, flower - nectar

The ripe fruit are sweet and eaten fresh.
The flower nectar is sucked by children.

DESCRIPTION

A erect woody shrub. It grows 30-120 cm tall. There are 3-4 stems coming from a slender underground stem or rhizome. The leaves are in rings of 3-5. They are simple and 2-12 cm long by 1-4 cm wide. The flowers are in groups of 2-5. The fruit are black and 6-10 mm long.

HABITAT

It is a tropical plant. It grows in grassland and woodland. It grows between 1,050-1,800 m altitudes.

PRODUCTION

Cultivation

It can be grown by seeds or from cuttings of the rootstock.

Harvesting and Seed Production

Ripe fruit is collected from October to January.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/31e4a81a-5cf2-4365-85b4-31a70896e46d