PLANT FACT SHEET

Aframomum letestuanum Gagnep.

GENUS *Aframomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - spice, Fruit

The fruit are edible. The seeds are occasionally used as a spice.

DESCRIPTION

A ginger family herb. It grows 3-5 m tall. The leaves are narrowly oval and 50 cm long by 9 cm wide. They are heart shaped or ear shaped at the base and taper to the tip. The flowering stalk is 50-100 cm tall and it has flowers occur singly towards the top. The petals are pale red. The fruit are red and on stalks about 1 m long. These branch off near ground level. The fruit are 8-11 cm long by 2 cm wide. The fruit have a white portion around the seeds. The seeds are an irregular shape and 2.5 mm by 2 mm. They are dark brown and have lines along them.

HABITAT

It is a tropical plant. It grows in open spaces in the forest with sunlight occurring. It grows between 1,100-1,300 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3225daf5-5c1c-4533-a205-8691c52882e7