PLANT FACT SHEET

Garcinia esculenta Y. H. Li

GENUS *Garcinia* **FAMILY** Clusiaceae

COMMON NAMES Shan mu gua

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit is juicy and slightly sour and is eaten raw.

DESCRIPTION

A tree. It grows 15-20 m tall. The leaves are brownish underneath. They are narrowly oval and 12-18 cm long by 4-7 cm wide. Plants are separately male and female. The petals are yellow. Male flowers occur in groups of 2 or 3 and female flowers usually occur singly. The fruit are oval and orange. They are 3 cm across.

HABITAT

A tropical plant. It grows in mixed forests in valleys between (900-)1300-1700 m altitude in southern China. In Yunnan.

PRODUCTION

Harvesting and Seed Production

In China plants flower in August to October and fruit June to August.

NOTES

There are about 300 Garcinia species.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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