PLANT FACT SHEET

Gentiana cephalantha Franch. ex Hemsl.

GENUS *Gentiana* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - fermenatation

The leaves are used as a fermenting agent.

DESCRIPTION

A herb. it grows 20-50 cm tall. There is a ring of leaves at the base. The leaves are narrowly oval and 4-10 cm long by 1-2 cm wide. The flowers are blue.

HABITAT

It is a temperate plant. In Yunnan. It grows between 1,800-4,500 m above sea level.

REFERENCES

Zhang, L., et al, 2016, Ethnobotanical study of traditional edible plants used by the Naxi people during droughts. Journal of Ethnobiology and Ethnomedicine. 12:39

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/325d19ef-4f15-4ddd-974b-2537a6aeacc8