PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Quaqua mammillaris (L.) Bruyns

GENUS *Quaqua* **FAMILY** Apocynaceae

COMMON NAMES Aroena

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves, Flowers, Fruit

Caution: It should not be eaten by pregnant women.
The stems are eaten in large quantities. The leaves are used as a green vegetable.
The flowers and fruit are eaten.

DESCRIPTION

A small succulent shrub. It keeps growing from year to year. It grows up to 60 cm high. The stems can be 2 cm thick. The stems have ridges. The thorns are spaced. The flowers are small. They are 2-3 cm with. They are pale green near the base. There can be 1-20 flowering stalks per stem with 1-30 flowers each.

HABITAT

It is a tropical plant. It grows in shade. In southern Africa it grows between 150-1,100 m above sea level. It can grow in arid places.

NOTES

Also put in the family Asclepiadaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3260579b-ade6-49aa-8106-e37515ad7f28