PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Taxus wallichiana Zucc.

GENUS *Taxus* **FAMILY** Taxaceae

COMMON NAMES Barmi, Thuna

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers, Fruit, Bark - for flavouring tea

The leaves are boiled in water for tea.
CAUTION: The seeds are poisonous and tea from the leaves is poisonous.
The flowers are eaten raw.
The fruit are eaten.
The dried bark is used to make a tea drink.

DESCRIPTION

A tree. It grows 6-18 m tall. The branches are spreading. The bark is reddish-brown and scaly. The leaves are narrow and almost in spirals. They are 2-4 cm long. The female flowers are green and occur singly in the axils of leaves. The seed are olive green and surrounded by a red fleshy aril.

HABITAT

It is a temperate plant. In Northeastern India it grows between 2,400-3,200 m above sea level. Garhwal Himalayas. Arboretum Tasmania.

NOTES

There are about 6 Taxus species.

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Wild edible plants of Himachal Pradesh

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