PLANT FACT SHEET

Vincetoxicum fruticulosum (Decne) Decne.

GENUS *Vincetoxicum* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Vegetable, Fruit

The fruit are eaten raw or cooked as a vegetable.

DESCRIPTION

A shrub. It grows up to 80 cm high. The branches are erect, straight and woody. The young leaf bearing branches are grey-green and can be twining and 2 m long. The leaf blade is 7-30 mm long by 1-5 mm wide. They are narrowly oval. The flowering stalks are slender and the flowers are white or greenish. The fruit are follicles 3-5 cm long. They are narrowly sword shaped. They have thin walls and hang down.

HABITAT

It is a tropical plant. It grows between 10-1,500 m above sea level. It grows on sand, silt and rocky soils. It grows in seasonally dry areas.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/328b428e-f751-4813-8e34-d4232cc91000