PLANT FACT SHEET

Veronica agrestis L.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Field speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

The shoots and leaves are eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 250 Veronica species. All Veronica are edible.
Also put in the family Scrophulariaceae and Plantaginaceae.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies

READ,

Sp. pl. 1:13. 1753

Upson, R., & Lewis R., 2014, Updated Vascular Plant Checklist and Atlas for the Falkland Islands. Falklands Conservation and Kew.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/32e3a05a-c96d-4326-a34d-28c31c24057d