PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Ocotea lancifolia (Schott) Mez

GENUS *Ocotea* **FAMILY** Lauraceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Spice

DESCRIPTION

A tree. It grows 8 m tall. The leaves are simple, alternate and in spiral clusters near the ends of the twigs. They are 8-20 cm long by 2-6 cm wide. The flowering shoots are in the axils of leaves and 10 cm long. The fruit is an oval black berry 1.3 cm long and with 1 seeds.

HABITAT

It is a subtropical plant. In India it grows between 900-1,600 m above sea level.

REFERENCES

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81 (As Phoebe lanceolata)

Turreira Garcia, N., et al, 2017, Ethnobotanical knowledgeof the Kuy and Khmer people in Prey Lang, Cambodia. Cambodian Journal of Natural History 2017 (1): 76-101

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3303c6b1-c8bb-433e-8eb6-9fbf7b78ba98