PLANT FACT SHEET

Lactuca orientalis (Boiss.) Boiss.

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Split-leaf lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw. They are probably also cooked.

DESCRIPTION

A herb or small shrub. It keeps growing from year to year. It grows 20-60 cm tall. It has spines. It is branched from the base and the stems are white. The leaves at the base are in a ring. And have teeth or lobes along the edges. The leaves on the stem are smaller.

HABITAT

It is a Mediterranean plant. It grows in dry soils. It can grow in arid places. It grows in NW China on a range of soils below 3,800 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/330accdd-7cf2-4896-b39f-3d38a4b4f4b9