PLANT FACT SHEET

Rumex salicifolius subsp. mexicanus (Meisn.) A. E. Murray

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Mexican dock

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are eaten as greens.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 769

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 498

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/330f6e5d-e06b-42e1-96b2-a9aff63abf38