PLANT FACT SHEET

Brassica oleracea var. costata DC.

GENUS *Brassica* **FAMILY** Brassicaceae

COMMON NAMES Bedford cabbage, Portuguese cole, Seakale cabbage

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Flowers

DESCRIPTION

A cabbage family herb. The midrib and veins of the leaves are greatly expanded.

HABITAT

It is a temperate plant.

NOTES

There are about 30 Brassica species and many cultivated varieties.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/33621e24-17c0-4ee5-b60b-a179d3f9fa9b