PLANT FACT SHEET

Terminalia elliptica Willd.

GENUS *Terminalia* **FAMILY** Combretaceae

COMMON NAMES Saj, Indian Laurel

EDIBLE PARTS AND USES

Edible parts: Bark - sugar, Fruit

The bark is used for the manufacture of a kind of palm sugar.
The bark is also chewed as a substitute for lime with betel nut.
The young fruit are edible.

DESCRIPTION

A tree. It can be 30 m tall. The trunk is straight and clear. It can be 1 m across. The bark is cracked. The tree loses its leaves during the year.

HABITAT

A tropical plant. It grows in forest in the humid regions of India. It grows up to 1,300 m above sea level. It usually grows in areas with a temperature between 22°-35°C and an annual rainfall between 1,000-2,000 mm. It suits the seasonally dry tropics.

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Tanaka, (As Terminalia tomentosa)

Uphof, (As Terminalia tomentosa)

Watt, (As Terminalia tomentosa)

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