PLANT FACT SHEET

Trema politoria (Planch.) Blume

GENUS *Trema* **FAMILY** Cannabaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are made into jam.

DESCRIPTION

A shrub or small tree. It grows 5 m tall. The leaves are 7-10 cm long by 2-4 cm wide. The leaves are broadly sword shaped and taper to the tip. The flowers are small and greenish in dense clusters in the axils of leaves. The fruit is small and oval. They are black.

HABITAT

It is a temperate plant. In Pakistan it grows up to 900 m altitude. In the Indian Himalayas it grows in exposed places between 600-1,400 m above sea level.

NOTES

Also put in the family Ulmaceae.

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Wild edible plants of Himachal Pradesh

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