PLANT FACT SHEET

Ornithogalum narbonense L.

GENUS *Ornithogalum* **FAMILY** Asparagaceae

COMMON NAMES Star of Bethlehem

EDIBLE PARTS AND USES

Edible parts: Root, Bulb, Leaves

The bulbs are added to ice cream and other dairy foods. They are eaten raw.
The leaves and bulbs are eaten as a vegetable. The leaves are eaten raw in salads and also cooked.

DESCRIPTION

A bulb plant. It grows 60-90 cm high and spreads 60-120 cm wide. The leaves are very narrow. They are 80 cm long. The flower stems are 90 cm tall. The flowers are small and in heads. They are white with a fine green stripe in the centre.

HABITAT

It is a Mediterranean climate plant. It suits hardiness zones 7-10.

NOTES

There are about 80 Ornithogalum species. Also put in the family Liliaceae and Hyacinthaceae.

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