PLANT FACT SHEET

Eleocharis elegans (Kunth) Roem. & Schult.

GENUS *Eleocharis* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Root

The root is boiled and eaten.

DESCRIPTION

A rush. It grows 30-150 cm tall. The stems are 3-10 mm wide. It has fattened rhizomes.

HABITAT

It is a tropical plant.

REFERENCES

Polini, G., et al, Useful and edible plants of Paraguay Region of Chaco. p 62

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/340e7df5-f54e-449a-8f86-00d5a1aecd76