PLANT FACT SHEET

Cyclanthera ribiflora (Schltdl.) Cogn.

GENUS *Cyclanthera* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The young leaves and fruit are eaten as vegetables.

DESCRIPTION

A pumpkin family herb. It is a vine. The leaves have 3 lobes. The fruit are green and have long spines. They are 2.5 cm long.

HABITAT

It is a tropical plant.

REFERENCES

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Mapes, C. & Basurto, F., 2016, Biodiversity and Edible Plants of Mexico. Chapter 5 in R. Lira, et al. (eds.), Ethnobotany of Mexico, Ethnobiology, Springer. p 112

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/34815de9-343d-4e34-b850-cee906af50bf