PLANT FACT SHEET

Stathmostelma propinquum (N. E. Br.) Schltr.

GENUS *Stathmostelma* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

The juicy tubers are peeled and eaten raw.

DESCRIPTION

A plant that forms a tuber.

HABITAT

It is a tropical plant. It grows in seasonally dry areas

REFERENCES

Maundu, Traditional Food Plants of Kenya

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/34d8ead2-fe82-455c-a979-fdb35ba06a39