PLANT FACT SHEET

Coddia rudis (E. Mey. ex Harv.) Verdc.

GENUS *Coddia* **FAMILY** Rubiaceae

COMMON NAMES Small bone-apple, Lesser thicket-thorn

EDIBLE PARTS AND USES

Edible parts: Fruit, Stem - flavouring

The fruit are eaten as a snack.
The stems are used for flavouring and as a preservative.

DESCRIPTION

A shrub. It can grow 2.5 m high. It has many branches. Young branches are grey. They often arch over. The leaves are small and shiny. They are in clusters on opposite sides of the stem. They are 2 cm wide and 2.5 cm long. The flowers are small and bell shaped. They are 10-15 mm across. They are white. The fruit are greenish-brown and round. They are 8 mm across.

HABITAT

It is a subtropical plant. It grows on the edges of forests along rivers. It grows from sea level to 1,290 m above sea level.

PRODUCTION

Cultivation

Plants are grown by seeds. Seeds should be pre-soaked in warm water overnight before planting. Seedlings can be transplanted.

Harvesting and Seed Production

Plants grow quickly.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/34d942c8-6019-46aa-a901-fd13b4478990