PLANT FACT SHEET

Tectaria gemmifera (Fee) Alston

GENUS *Tectaria* **FAMILY** Tectariaceae

COMMON NAMES Snail fern

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A fern. It grows 30-100 cm tall. It has an erect rhizome 2 cm across. This has dark brown scales with lighter edges. The fronds are in tufts and arch over. They are 1.8 m long. The fronds near small plantlets.

HABITAT

It is a tropical plant. In Zimbabwe it grows in deeply shaded forests between 550-1,680 m above sea level.

NOTES

Also put in the family Dryopteridaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/34db8a4e-2ecc-4dce-8674-387502adb381