PLANT FACT SHEET

Inga adenophylla Pittier

GENUS *Inga* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The sweet tasting pulp around the seeds is eaten.

DESCRIPTION

A low, spreading tree. The fruit is a slender seed pod about 10-15 cm long.

HABITAT

It is a tropical plant. It grows in open woods between 300-2,800 m above sea level.

PRODUCTION

Cultivation

Plants grow easily from seeds. Seeds germinate in 1-2 weeks given moisture and shade. Plants are grown from seed. The ripe fruit are gathered and the pods opened to release the seeds. Seeds will only store about 15 days. Fresh seed should be planted. They germinate in 3-5 days. Seedlings can be transplanted into the field in 3-4 months.

NOTES

Also as Mimosaceae.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 435

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/34eaffd8-0cd7-4749-8c9d-261cc7c2d736