PLANT FACT SHEET

Russula lepida Fr.

GENUS *Russula* **FAMILY** Russulaceae

COMMON NAMES Beautiful Russula

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

It should be parboiled. It is preserved in oil.

DESCRIPTION

A mushroom. The cap is 4.5-6 cm wide. It is pinkish red.

HABITAT

A tropical plant. It is eaten amongst the Chichewa in Malawi. It grows under broadleafed trees.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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