PLANT FACT SHEET

Epimedium sagittatum (Siebold. & Zucc.) Maxim.

GENUS *Epimedium* **FAMILY** Berberidaceae

COMMON NAMES Barrenwort, Horny goatweed

EDIBLE PARTS AND USES

Edible parts: Leaves

It is an ingredient in Chinese "spring wine".
Caution: It is used in medicine and should not be taken in large amounts.

DESCRIPTION

An evergreen herb. It keeps growing from year to year and has creeping underground stems or rhizomes. The leaves have 3 leaflets and are leathery. The leaflets are oval to sword shaped and 5 cm long. There are spiny teeth along the edge. The flowers are pale yellow and in groups of 20-60.

HABITAT

It is a temperate plant. It grows in forests, on slopes and along streams between 200-1,800 m above sea level in China.

PRODUCTION

Cultivation

Plants are grown from ripe seed. They can also be grown by division, after flowering and from rooted sections of the rhizome.

NOTES

There are over 30 Epimedium species.

REFERENCES

Brown, D., 2002, The Royal Horticultural Society encyclopedia of Herbs and their uses. DK Books. p 202

Melanges Biol. Bull. Phys.-Math. Acad. Imp. Sci. Saint-Petersbourg 9:713. 1876

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35288007-bfb7-43a8-8d1a-90f0026a57bb