PLANT FACT SHEET

Lactuca dissecta D. Don

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Split-leaf lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves

The plant is used as a vegetable.

DESCRIPTION

An annual herb. It grows 20 cm tall. It has a single stem with slender branches. The leaves clasp the stem at the base. The leaves are spoon shaped or narrow and 3-7 cm long by 1-4 cm wide. They are divided along the stalk.

HABITAT

It is a temperate plant. It grows on waste areas near fields during winter. In western China it grows in grassland at about 2,000 m above sea level.

NOTES

There are about 20 Lactuca species.

REFERENCES

Ahmad, K. & Pieroni, A., 2016, Folk knowledge of wild food plants among the tribal communities of Thakht-e-Sulaiman Hills, North-West Pakistan. Journal of Ethnobiology and Ethnomedicine, 12:17

Malhotra, C.L.., et al, 1985, Additional Notes on the wild edible plants of India J. Econ. Tax. Bot. Vol 6. No.2 pp 481-482

Prodr. fl. nepal. 164. 1825

Tareen, N. M., et al, 2016, Ethnomedicinal Utilization of Wild Edible Vegetables in District Harnai of Balochistan Province - Pakistan. Pakistan Journal of Botany 48(3): 1159-1171

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/3550c5ce-1b27-4fdf-822f-1251ecd40f5f