PLANT FACT SHEET

Ceropegia distincta N. E. Br.

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tuber, Root

The tuber is washed, scraped clean and eaten raw or cooked. It can be boiled or roasted.

DESCRIPTION

It is a vine that keeps growing from year to year. It grows 1.5 m high and spreads 1.5 m wide. The plant contains milky sap. The stem is stout and twining. The leaves are fleshy and in pairs. They are oval and bright green. The flowers develop with or before the new leaves. The flowers are white with purple spots. They are tube shaped. The tubes curve and the lobes expand into a funnel shape. They unite at the tip. The fruit is a double curved pod. The seeds have white silky hairs.

HABITAT

It is a tropical plant. It is best in a humus-rich soil. It needs a protected, sunny position. It is damaged by frost or drought.

PRODUCTION

Cultivation

Plants can be grown by seed, cuttings or division of the tubers.

NOTES

There are about 160-200 Ceropegia species. Probably now in Apocynaceae

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35aca4fa-0cc8-4e85-ba9c-516379454dda