PLANT FACT SHEET

Viola sumatrana Miq.

GENUS *Viola* **FAMILY** Violaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled or stir-fried and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It has an underground stem or rhizome up to 20 cm long and 1.5-2.5 mm wide. The creeping stems are 15-20 cm long and they are slender. The leaves are alternate and oval to triangle shaped and 2-5 cm long by 1.5-3 cm wide. The flowers are violet to light purple.

HABITAT

It is a subtropical plant.

REFERENCES

Cheng, Z., et al, 2022, Ethnobotanical study on wild edible plants used by Dulong people in northwestern Yunnan, China. Journal of Ethnobiology and Ethnomedicine (2022) 18:3

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35aea20e-a536-4c5a-a9d1-a2579bf64771