PLANT FACT SHEET

Heracleum sphondylium subsp. ternatum (Velen.)

Brummitt

GENUS *Heracleum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Stems

The young stems are eaten after peeling.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, A., et al, 2014, A review of edible plants on the Turkish Apiaceae species. J. Fac. Pharm. Istanbul, 44(2) pp 251-262

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/35bc3254-087a-4d15-8c41-99b7668f2ea4