PLANT FACT SHEET

Scleria tessellata Willd.

GENUS *Scleria* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The very young tender plants are eaten raw or steamed.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It keeps growing from year to year. It forms many tillers. It grows 10-60 cm high. The stalks are erect and 3 sided.

HABITAT

It is a tropical plant. In Java it grows up to 600 m above sea level. It grows in swampy and grassland locations.

REFERENCES

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